

Forging relationships, skills, and wellness

We're creating opportunities for Older Angelenos to connect socially, discover new interests, and explore ways to live happily and healthily through exciting new classes, special events, and other activities.



Horticultural Therapy

will emphasize engaging members' senses of sight, smell, and touch while reconnecting with nature—and one another!—by working with plant life. The Horticultural Therapy Room has uniquely crafted table workspace, seating, and flooring supportive of the use of the soils and water necessary for flourishing plant life.



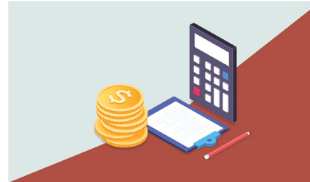
Technology + Devices

have become increasingly important tools for older adults to stay connected, providing access to the goods, services, and support systems needed to stay healthy and thrive in today's world. Through digital services, older adults can check in with family and friends, schedule time with health care providers, find healthy foods and recipes, volunteer for meaningful causes, and even learn new skills—all from a safe distance. Promoting familiarity and connectedness with emerging technology will be major priorities of GenSpace's state-of-the-art Tech Bar, which will include laptops, tablets, smartphones, and a lending library.



Social Connection + Storytelling

is vital for communities. Programing will inspire older adults to share their stories from the past and today, while inspiring dreams of the future. Special emphasis will be placed on building intergenerational connections through programs with high school students, as well as with the Representation Project.



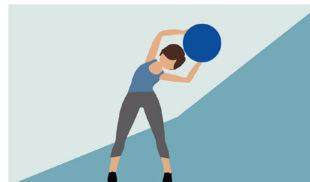
Financial Security + Safety

is fundamental to managing pocketbooks and how to be protected from fraud and scams.



Arts, Crafts, + Culture

will encourage imagination and creativity of older adults through hands-on projects with a variety of materials.



Health, Fitness, + Wellness

is central to all that we do to promote physical and mental wellness, and includes a variety of yoga, meditation, Zumba, and aerobics classes.

On-Demand Programming

GenSpace has developed on-demand programming that reflects our six priority areas for older adults: Health, Fitness, and Wellness; Technology and Devices; Arts, Crafts, and Culture; Horticulture Therapy; Financial Security and Safety; and Social Connection and Storytelling. We have partnered with many expert organizations to craft our library of fun and informative videos for older adults, with current and upcoming releases including an exploration of aging fashionably with Advanced Style; a discussion about the importance of storytelling with the Wallis Annenberg Center for the Performing Arts; and step-by-step guides to cybersecurity best practices with AARP.

Intergenerational Programming

GenSpace also focuses on intergenerational programming, as we know from research that pairing older adults with younger people offers great benefits to both parties. This programming includes **GenChats**—a virtual program that connected older adults and high school students via phone or video chat to share about their lives in Los Angeles; **GenPals**—a letter-writing program that partners new high school students with older adults for an 8-week program; and a partnership with the Representation Project's Youth Media Academy in which students from the Academy take the portraits of older adults under the guidance and mentorship of a professional photographer. Students also practice their reporting and writing abilities by conducting brief interviews with their older adult subjects. Portraits taken of older adults as part of the Wisdom Series Photography Spotlight will be displayed at GenSpace.