








Wallis Annenberg
GenSpace


DAILY CLASSES

Week of: April 3rd - April 6th • (424) 407-4023

-  Horticultural Therapy
-  Financial Security + Safety

-  Technology + Devices
-  Arts, Crafts, + Culture

-  Social Connection + Storytelling
-  Fitness/Wellness on Page 2

	Monday	Tuesday	Wednesday	Thursday
10:00am				
11:00am	Cards for Neighbors 10:30am - 11:30am Art Room			
12:00pm	Drum It with MMM 11:45am - 12:45pm Art Room	Creating with Clay 11:00am - 12:30pm Art Room		
1:00pm	Drawing 101 1:00pm - 2:00pm Art Room	Crochet 101 12:45pm - 2:00pm Art Room	GenSpace will be closed on Wednesday, April 5th	GenSpace will be closed on Thursday, April 6th
2:00pm				
3:00pm		Intergen Tech Help 2:45pm - 3:45pm Tech Bar		
4:00pm				



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WELLNESS CLASSES

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Health, Fitness, + Wellness Schedule

	Monday	Tuesday	Wednesday	Thursday
10:00am				
11:00am	Morning Stretching 10:30am - 11:30am Fitness Room	YMCA Presents: Dance Aerobics 10:15am - 11:15am Fitness Room		
12:00pm		YMCA Presents: Dance Aerobics 11:30am - 12:30pm Fitness Room		
1:00pm	Belly Dancing 1:00pm - 2:00pm Fitness Room	Barre Sculpt 1:00pm - 2:00pm Fitness Room	GenSpace will be closed on Wednesday, April 5th	GenSpace will be closed on Thursday, April 6th
2:00pm				
3:00pm	Tai Chi Self-Defense 3:00pm - 4:00pm Fitness Room	Mindful, Gentle, & Restful Stretching 3:00pm - 4:00pm Fitness Room		
4:00pm				