



# DAILY CLASSES

April 22nd- April 25th (424) 407-4023

Wallis Annenberg  
GenSpace

Horticultural Therapy

Technology + Devices

Social Connection + Storytelling

Financial Security + Safety

Arts, Crafts, + Culture

Fitness/Wellness on Page 2

## Monday

## Tuesday

## Wednesday

## Thursday

10:00am

11:00am

12:00pm

1:00pm

2:00pm

3:00pm

4:00pm

**GenSpace will be closed on April 22nd.**

**GenSpace will be closed on April 23rd.**

<b>Knitting 101</b> 10:15am-11:45am HT Room	<b>Painter's Palette</b> 10:15 am-11:30 am Art Room
	<b>Tech Assistance</b> 11:00am - 12:00pm Tech Bar
<b>GenSpace Conversations</b> 12:00pm - 1:00pm Art Room	
<b>Sing-a-Long</b> 1:00pm - 2:00pm Art Room	<b>Crochet 101</b> 12:15pm-1:45pm HT Room
	<b>Intro to Comedy</b> 2:00pm - 3:00pm MPR
<b>Drawing 101</b> 2:15pm - 3:45pm Art Room	

<b>Drum It with MMM</b> 10:15am - 11:15am Art Room	
<b>Smartphone 101</b> 11:30am - 12:30pm Tech Bar	<b>GenSpace Voices</b> 11:30am - 12:30pm Art Room
<b>Mixed Media</b> 1:00pm - 2:00pm Art Room	<b>GreenSpace</b> 1:00pm-2:00pm HT Space
<b>GreenSpace</b> 2:00pm-3:00pm HT Space	
<b>Cards for Neighbors</b> 3:00pm - 4:00pm Art Room	



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### Health, Fitness, + Wellness Schedule

	Monday	Tuesday	Wednesday	Thursday
10:00am	<p><b>GenSpace will be closed on April 22nd.</b></p> 	<p><b>GenSpace will be closed on April 23rd.</b></p> 		
11:00am			<p><b>Strength + Tone</b> 10:45am - 11:45am Fitness Room</p>	<p><b>Strength + Tone</b> 10:30am - 11:30am Fitness Room</p>
12:00pm			<p><b>Long Gentle Movement</b> 12:00pm - 1:00pm Fitness Room</p>	<p><b>Tranquil Chairs</b> 11:40am - 12:40pm Fitness Room</p>
1:00pm			<p><b>Tai Chi</b> 1:15pm - 2:10pm Fitness Room</p>	<p><b>Resistance Band Training</b> 12:45pm - 1:45pm Fitness Room</p>
2:00pm			<p><b>Breathe 101</b> 2:20pm - 2:50pm Fitness Room</p>	<p><b>Latin Dance</b> 1:50pm - 2:45pm Fitness Room</p>
3:00pm		<p><b>Dance it Out!</b> 3:00pm - 4:00pm Fitness Room</p>	<p><b>Upper Body Burn</b> 3:00pm - 4:00pm Fitness Room</p>	
4:00pm				