



# DAILY CLASSES

June 3rd - June 6th (424) 407-4023

Wallis Annenberg  
GenSpace

- Horticultural Therapy
- Financial Security + Safety
- Technology + Devices
- Arts, Crafts, + Culture
- Social Connection + Storytelling
- Fitness/Wellness on Page 2

	Monday	Tuesday	Wednesday	Thursday
10:00am				
11:00am	<b>GreenSpace</b> 10:30am-11:30am HT Space	<b>Painter's Palette</b> 10:15 am - 11:30 am Art Room	<b>Tech Assistance</b> 11:00am - 12:00pm Tech Bar	<b>Drum It with MMM</b> 10:15am - 11:15am Art Room
12:00pm	<b>Pool Party!</b> 12:00 pm - 2:00 pm Multipurpose Room	<b>Chess!</b> 11:30pm-1:30pm HT Space	<b>Knitting 101</b> 10:15am-11:45am Art Room	<b>Smartphone 101</b> 11:30am - 12:30pm Tech Bar
1:00pm	<b>Getty Reception for Class Participants</b> RSVP ONLY 11:00am - 1:00pm	<b>Crochet 101</b> 12:15pm - 1:45pm Art Room	<b>GenSpace Conversations</b> 12:00pm - 1:00pm Art Room	<b>GenSpace Voices</b> 11:30am - 12:30pm Art Room
2:00pm	<b>Tech Assistance</b> 2:00pm - 3:00pm Tech Bar	<b>Intro to Comedy</b> 2:00pm - 3:00pm Art Room	<b>Art Studio (drawing)</b> 1:00pm - 2:00pm Art Room <span style="font-size: small;">New!</span>	<b>GreenSpace</b> 1:00pm-2:00pm HT Space
3:00pm	<b>Mixed Media</b> 2:00pm - 3:30pm Art Room	<b>Sing a - Long</b> 3:00pm- 4:00pm Art Room	<b>Art Studio (painting)</b> 2:00pm - 3:30pm Art Room <span style="font-size: small;">New!</span>	<b>Collage Connection</b> 2:00pm - 3:00pm Art Room
4:00pm				<b>Cards for Neighbors</b> 3:00pm - 4:00pm Art Room



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### Health, Fitness, + Wellness Schedule

	Monday	Tuesday	Wednesday	Thursday
10:00am				
11:00am	<b>Relaxing Meditation</b> 10:30am - 11:30am Fitness Room	<b>Dance Aerobics</b> 10:15am - 11:15am Fitness Room	<b>Strength + Tone</b> 10:45am - 11:45am Fitness Room	<b>Strength + Tone</b> 10:30am - 11:30am Fitness Room
12:00pm	<b>Restorative Stretching</b> 11:45am - 12:45pm Fitness Room	<b>Dance Aerobics</b> 11:30am - 12:30pm Fitness Room	<b>Long Gentle Movement</b> 12:00pm - 1:00pm Fitness Room	<b>Tranquil Chairs</b> 11:40am - 12:40pm Fitness Room
1:00pm	<b>Movement Fusion</b> 12:50pm - 1:35pm Fitness Room	<b>Barre Sculpt</b> 12:45pm - 1:45pm Fitness Room	<b>Tai Chi</b> 1:15pm - 2:10pm Fitness Room	<b>Resistance Band Training</b> 12:45pm - 1:45pm Fitness Room
2:00pm	<b>Harmony in Motion</b> 1:45pm - 2:45pm Fitness Room	<b>Seated Strength and Mobility</b> 1:50pm - 2:50pm Fitness Room	<b>Breathe 101</b> 2:20pm - 2:50pm Fitness Room	<b>Latin Dance</b> 1:50pm - 2:45pm Fitness Room
3:00pm	<b>Latin Dance</b> 3:00pm - 4:00pm Fitness Room	<b>Belly Dancing</b> 3:00pm - 4:00pm Fitness Room	<b>Dance it Out!</b> 3:00pm - 4:00pm Fitness Room	<b>Upper Body Burn</b> 3:00pm - 4:00pm Fitness Room
4:00pm				