

Wallis Annenberg
GenSpace

- Horticultural Therapy
- Financial Security + Safety
- Technology + Devices
- Arts, Crafts, + Culture
- Social Connection + Storytelling
- Fitness/Wellness on Page 2

	Monday	Tuesday	Wednesday	Thursday
10:00am	<p>Closed for Labor Day</p> <p>Monday, September 2nd</p>			
11:00am		Chess! 10:30am - 12:00pm Tech Bar	Knitting 101 10:15am - 11:45am HT Space	GreenSpace 10:30am - 11:30am HT Space
12:00pm		Drum It with MMM 10:30am - 11:30am Art Room	Tech Help 11:00am - 12:00pm Tech Bar	GenSpace Voices 11:30am - 12:30pm Art Room
1:00pm		Sing Along 12:45pm - 1:45pm Art Room	GenSpace Conversations 12:00pm - 1:00pm Art Room	Pool Party! 11:30am - 2:00pm MPR
2:00pm		Crochet 101 12:15pm - 1:45pm HT Space	Art Studio (Drawing) 1:00pm - 2:15pm Art Room	Art Studio 12:45pm - 2:00pm Art Room
3:00pm		Intro to Comedy 2:00pm - 3:00pm Art Room	Art Studio (Painting) 2:15pm - 3:45pm Art Room	Painter's Palette 2:30pm - 3:45pm Art Room
4:00pm		Creating with Clay 3:00pm - 4:00pm Art Room		

Health, Fitness, + Wellness Schedule

	Monday	Tuesday	Wednesday	Thursday
10:00am		Dance Aerobics 10:15am - 11:15am Fitness Room		
11:00am				Chair Strength + Tone 10:30am - 11:30am Fitness Room
12:00pm		Dance Aerobics 11:30am - 12:30pm Fitness Room	Strength + Tone 11:30am - 12:30pm Fitness Room	Tranquil Chairs 11:40am - 12:40pm Fitness Room
1:00pm		Barre Sculpt 12:45pm - 1:45pm Fitness Room	Long Gentle Movement 12:45pm - 1:45pm Fitness Room	Resistance Band Training 12:45pm - 1:45pm Fitness Room
2:00pm		Seated Strength and Mobility 1:50pm - 2:50pm Fitness Room	Tai Chi 1:50pm - 2:50pm Fitness Room	Latin Dance 1:50pm - 2:45pm Fitness Room
3:00pm		Belly Dancing 3:00pm - 4:00pm Fitness Room	Dance it Out! 3:00pm - 4:00pm Fitness Room	Upper Body Burn 3:00pm - 4:00pm Fitness Room
4:00pm				