

Pop-Up & Drop In: July 7-10, 2025



Pop Up: Sign Up!



Drop-In: Show up!



Seated Fitness Class

Monday	Tuesday		Wednesday	Thursday
Mahjong w/ Irene 10:10 am - 12:00 pm Library Corner	Seated Pilates w/ Jason 10:10am-11:00am Sunken Garden		Open Chess Studio 10:10am - 12:00pm Library Corner	Seated Pilates w/ Jason 10:10am-11:00am Sunken Garden
Men's Group 11:10 am - 12:00 pm MPR	Mindful Movement w/ Diego 11:10am-12:00pm Art Room	Balance & Stretch w/ Jason 11:10am-12:00pm Sunken Garden	Conversations w/ Rebecca 11:10am - 12:00pm Art Room	Balance & Stretch w/ Jason 11:10am-12:00pm Sunken Garden
Crochet Open Studio w/ Mary Beth 12:10pm - 1:00pm HT Space	Sing-Along w/ Cris 12:10pm - 1:00pm Art Room	OT 1:1 Consultations w/ Kai 12:10pm-2:00pm Library Corner	Crochet Open Studio w/ Mary Beth 12:10pm - 1:00pm HT Space	
Intro to Jewelry Making w/ Jenny 2:10pm-3:00pm HT Space			Nature Watercolor w/ Karyn 2:10pm-3:00pm HT Space	
Billiards for Beginners 3:10pm - 4:00pm MPR	Billiards for Beginners 3:10pm - 4:00pm MPR	Pastel Art & Open Art Studio w/ Maya 3:10pm - 4:00pm Art Room	Billiards for Beginners 3:10pm - 4:00pm MPR	Billiards for Beginners 3:10pm - 4:00pm MPR
				Pastel Art & Open Art Studio w/ Maya 3:10pm - 4:00pm Art Room

Pop-Up & Drop In: July 14-17, 2025



Pop Up: Sign Up!



Drop-In: Show up!



Seated Fitness Class

Monday	Tuesday	Wednesday	Thursday
<div> Mahjong w/ Irene 10:10 am - 12:00pm Library Corner </div> <div> Men's Group 11:10 am - 12:00 pm MPR </div> <div> Virtual Tour: Strasbourg, France 11:10am-12:00pm Art Room </div>	<div> Seated Pilates w/ Jason 10:10am-11:00am Sunken Garden </div> <div> Balance & Stretch w/ Jason 11:10am-12:00pm Sunken Garden </div>	<div> Open Chess Studio 10:10am - 12:00pm Library Corner </div> <div> Conversations w/ Rebecca 11:10am - 12:00pm Art Room </div> <div> OT 1:1 Consultations w/ Chizuko 11:10am-1:00pm Library Corner </div>	<div> Seated Pilates w/ Jason 10:10am-11:00am Sunken Garden </div> <div> Balance & Stretch w/ Jason 11:10am-12:00pm Sunken Garden </div>
<div> Crochet Open Studio w/ Mary Beth 12:10pm - 1:00pm HT Space </div>	<div> Sing-Along w/ Cris 12:10pm - 1:00pm Art Room </div> <div> OT 1:1 Consultations w/ Kai 12:10pm-2:00pm Library Corner </div>	<div> Crochet Open Studio w/ Mary Beth 12:10pm - 1:00pm HT Space </div> <div> Member Co-Creation Forum w/ Megan 12:10pm - 1:00pm MPR </div>	<div> Fall Prevention & Recovery Workshop w/ Rachel 12:10-1:00pm Art Room </div>
<div> Intro to Jewelry Making w/ Jenny 2:10pm-3:00pm HT Space </div>		<div> Nature Watercolor w/ Karyn 2:10pm-3:00pm HT Space </div>	
<div> Billiards for Beginners 3:10pm - 4:00pm MPR </div>	<div> Billiards for Beginners 3:10pm - 4:00pm MPR </div>	<div> Pastel Art & Open Art Studio w/ Maya 3:10pm - 4:00pm Art Room </div>	<div> Billiards for Beginners 3:10pm - 4:00pm MPR </div> <div> Pastel Art & Open Art Studio w/ Maya 3:10pm - 4:00pm Art Room </div>