

## Flexible Classes: September 22-25



Limited Seating - Sign up! 좌석이 한정되어 있으니 신청해 주세요



Seated Fitness Class 의자 피트니스 수업

	조 좌	석이 한정되어 있으니 신청해 주세요	₩ 의자 피트니스 수업				
Monday		Tuesday	Wednesday	Thursday			
W/ Irene 10:10am - 12pm Library Corner  Crochet Ope Beth 12:10pm - 1p HT Space  GenSpace early a Mo Septe: There	11:10am - 12pm MPR en Studio w/ Mary	GenSpace will be closed on Tuesday, September 23rd in observance of Rosh Hashanah.	GenSpace will be <b>closed</b> on Wednesday, <b>September 24th</b> in observance of Rosh Hashanah.	Intergenerational Zumba w/ Julissa 10:10am -11am Downstairs at School Flagpole  Social Dance Party w/ Members 1:10pm - 2pm Art Room  Yoga for Creativity w/ Lisa 2:10pm - 3pm MPR  Co-Creation Forum w/ Megan 10:10am -11am MPR  Billiards for Beginners w/ Katie 1:10pm - 2pm MPR  Yoga for Creativity w/ Lisa 2:10pm - 3pm MPR			



## Flexible Classes: September 29-October 2



Limited Seating - Sign up! 좌석이 한정되어 있으니 신청해 주세요



**Seated Fitness Class** 

스트 좌식이 안성되어 있으니 신성에 주세요					TT 의자 피트니스 구입				
Monday		,	Tuesday	Wednesday			ay	Thursday	
w/ irene	Balance and Stretch w/ Jason 10:10am -11am Sunken Garden		Ch St 10 an	Open Chess Studio 10:10 am - 12		11am Irden			
	Sing Along w/ Cris 11:10am - 12pm Art Room	Men's Group 11:10am - 12pm MPR		pm Library Corner	Conver tions w Rebecc 11:10ai 12pm Art Roo	r/ <b>:a</b> m -	Board Games Social 11:10am - 12pm MPR	GenSpace will	
Crochet Open Studio w/ Mary Beth 12:10pm - 1pm HT Space				Grief & Loss Conversation w/ Tom 12:10pm - 1pm MPR  Crochet Open Studio w/ Mary Beth 12:10pm - 1pm HT Space			<b>io w/ Mary</b> Opm - 1pm	be <b>closed</b> on Thursday, October 2 in observance of Yom Kippur.	
			Meet Occupational Therapy (OT) Interns: Shannon & Sara! 1:10pm - 2pm Art Room						
Intro to Jewelry Making w/ Jenny 2:10pm-3pm HT Space			Billiards for Beginners w/ Katie 2:10pm - 3pm MPR	GenSpace will close early on Wednesday,					
Billiards for Beginners w/ Katie 3:10pm - 4pm MPR		ers w/		October 1 at 2PM. There will be no classes after 2PM.					