

Mahjong 10:10am

- 12pm

Library

Corner

Flexible Classes: October 13-16



Mindful-

ness w/

Sara & Shannon

Limited Seating - Sign up! 좌석이 한정되어 있으니 신청해 주세요



Wednesday

Seated Fitness Class 의자 피트니스 수업

Monday

Balance and Stretch w/ Jason 10:10am -11am Sunken Garden

Sing Along w/ Cris 11:10am - 12pm Art Room

Men's Group 11:10a m -12pm MPR

11:10am -12pm Sunken Garden w/ Mary

Crochet Open Studio w/ Mary Beth 12:10pm - 1pm HT Space

Intro to Jewelry Making w/ Jenny 2:10pm-3pm HT Space

Billiards for Beginners w/ Katie3:10pm - 4pm
MPR

Tuesday

GenSpace will

be closed **on**

Tuesday,

October 14 in

observance of

Shemini

Atzeret/Simchat

Torah.

Upper Body Tone w/ Jason 10:10am -11am Sunken Garden Sing the Classics w/ Jason 10:10am -11am Art Room

Mindfulness

w/ Sara &

Shannon

12pm

Sunken

11:10am -

Garden 📝

Conversation w/ Rebecca 11:10am -12pm Art Room

Board Games Social 11:10am -12pm MPR

Grief & Loss Conversation w/ Tom 12:10pm - 1pm MPR Crochet Open Studio w/ Mary Beth 12:10pm - 1pm

HT Space

Thursday

Intergenerational Zumba w/ Julissa 10:10am -11am Downstairs at School Flagpole Balance & Stretch w/ Jason 10:10am -11am Sunken Garden

Billiards for Beginners w/ Katie 1:10pm - 2pm MPR

Billiards for Beginners w/ Katie 3:10pm - 4pm MPR Tech Help w/ USC GeroTech 3:10pm - 4pm Tech Bar



Flexible Classes: October 20-23



Limited Seating - Sign up! 좌석이 한정되어 있으니 신청해 주세요



			<u> </u>	역이 안정되어 있으	니 신성애 수세요	기 기사 피트니스 우립					
Monday				Tuesday		Wednesday			Thursday		
m - 12pm Library	Balance and Stretch w/ Jason 10:10am -11am Sunken Garden -11am Tech Bar			Intergenerational GreenSpace w/ Sherri 10:10am -11am Downstairs at School Flagpole	November Survey Support 10:10am -11am Tech Bar	Upper Body Tone w/ Jason 10:10am -11am Sunken Garden	Jason 10:10am -11am	November Survey Support 10:10am -11am Tech Bar	Intergenera- tional Zumba w/ Julissa 10:10am -11am Downstairs at School Flagpole	Balance & Stretch w/ Jason 10:10am -11am Sunken Garden	November Survey Support 10:10am -11am Tech Bar
	Sing Along w/ Cris 11:10am - 12pm Art Room	Men's Group 11:10am - 12pm MPR	Mindful- ness w/ Sara & Shannon 11:10am - 12pm Sunken Garden			Conversa- tion w/ Rebecca 11:10am - 12pm Art Room	Board Games Social 11:10am - 12pm MPR	Mindfulness w/ Sara & Shannon 11:10am - 12pm Sunken Garden			
Crochet Open Studio w/ Mary Beth 12:10pm - 1pm HT Space						Grief & Loss Conversation w/ Tom 12:10pm - 1pm MPR Crochet Open Studio w/ Mary Beth 12:10pm - 1pm HT Space					
				Billiards for Beginners w/ Katie 1:10pm - 2pm MPR	Virtual Trip to Mexico City! 1:10pm - 2pm Art Room				Billiards for Katie 1:10pm - 2 MPR		ers w/
Intro to Jewelry Making w/ Jenny 2:10pm-3pm HT Space											
Billiards for Beginners w/ Katie 3:10pm - 4pm MPR						Billiards for Beginners v Katie 3:10pm - 4p MPR	v/ USC 3:10p	Help w/ GeroTech om - 4pm Bar			