

Flexible Classes: February 2-5



Limited Seating - Sign up!
좌석이 한정되어 있으니 신청해 주세요



Seated Fitness Class
의자 피트니스 수업

| Monday | | | Tuesday | | | Wednesday | | | Thursday | | | |
|---|---|---|--|---|--|---|---|---|--|---|---|--|
| Mahjong w/ Irene 10am - 12pm Library Corner | | | | | | | | | Intergen Zumba w/ Julissa 10am - 11am Flagpole | | | |
| Mahjong w/ Irene 10am - 12pm Library Corner | | Sing Along w/ Cris 11am - 12pm Art Room | Full Body Tone w/ Jason 11am - 12pm Sunken Garden | | Your AI Questions, Answered w/ Emily 11am - 12pm Art Room | Conversations w/ Rebecca 11am - 12pm Art Room | | | Full Body Tone w/ Jason 11am - 12pm Sunken Garden | | | |
| Crochet Open Studio w/ Mary Beth 12pm - 1pm HT Space | Men's Group 12pm - 1pm MPR | Full Body Tone w/ Jason 12pm - 1pm Sunken Garden | | | | Crochet Open Studio w/ Mary Beth 12pm - 1pm HT Space | Grief & Loss w/ Tom 12pm - 1pm MPR | Full Body Tone w/ Jason 12pm - 1pm Sunken Garden | | | | |
| General Tech Help w/ Ariana 1pm - 2pm Tech Bar | | | General Tech Help w/ Ariana 1pm - 2pm Tech Bar | Billiards for Beginners w/ Katie 1pm - 2pm MPR | Stability & Core w/ Jill 1pm - 2pm Sunken Garden | General Tech Help w/ Ariana 1pm - 2pm Tech Bar | | | General Tech Help w/ Ariana 1pm - 2pm Tech Bar | Billiards for Beginners w/ Katie 1pm - 2pm MPR | Stability & Core w/ Jill 1pm - 2pm Sunken Garden | |
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| Billiards for Beginners w/ Katie 3pm - 4pm MPR | | | | | | Billiards for Beginners w/ Katie 3pm - 4pm MPR | | | | | | |

Flexible Classes: February 9-12



Limited Seating - Sign up!
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Seated Fitness Class
의자 피트니스 수업

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