

Flexible Classes: February 9-12



Limited Seating - Sign up!

좌석이 한정되어 있으니 신청해 주세요



Seated Fitness Class

의자 피트니스 수업

Monday

Tuesday

Wednesday

Thursday

Mahjong w/ Irene10am - 12pm
Library Corner**Mahjong w/
Irene**10am - 12pm
Library Corner**Sing Along w/
Cris**11am - 12pm
Art Room

| | | |
|---|---------------------------------|---|
| Crochet Open Studio w/ Mary Beth 12pm - 1pm HT Space | Men's Group 12pm -1pm MPR | Full Body Tone w/ Jason 12pm - 1pm Sunken Garden |
|---|---------------------------------|---|

General Tech Help w/ Ariana1pm - 2pm
Tech Bar**Billiards for Beginners w/
Katie**3pm - 4pm
MPR**Full Body Tone
w/ Jason**11am -12pm
Sunken Garden**Your AI
Questions,
Answered w/
Emily**11am-12pm
Art Room

| | | |
|--|--|--|
| General Tech Help w/ Ariana 1pm - 2pm Tech Bar | Billiards for Beginners w/ Katie 1pm - 2pm MPR | Stability & Core w/ Jill 1pm - 2pm Sunken Garden |
|--|--|--|

Conversations w/ Rebecca11am - 12pm
Art Room

| | | |
|---|--|---|
| Crochet Open Studio w/ Mary Beth 12pm - 1pm HT Space | Grief & Loss w/ Tom 12pm - 1pm MPR | Full Body Tone w/ Jason 12pm - 1pm Sunken Garden |
|---|--|---|

General Tech Help w/ Ariana1pm - 2pm
Tech Bar**Billiards for Beginners w/
Katie**3pm - 4pm
MPR**Intergen Zumba w/ Julissa**10am -11am
Flagpole**Full Body Tone w/ Jason**11am -12pm
Sunken Garden

| | | |
|--|--|--|
| General Tech Help w/ Ariana 1pm - 2pm Tech Bar | Billiards for Beginners w/ Katie 1pm - 2pm MPR | Stability & Core w/ Jill 1pm - 2pm Sunken Garden |
|--|--|--|

Flexible Classes: February 16-19



Limited Seating - Sign up!

좌석이 한정되어 있으니 신청해 주세요



Seated Fitness Class

의자 피트니스 수업

Monday

Tuesday

Wednesday

Thursday

CLOSED
(Presidents' Day)**Monthly Survey Support**
10am -11am
Library Corner**Full Body Tone w/ Jason**
11am -12pm
Sunken Garden**Your AI Questions, Answered w/ Emily**
11am-12pm
Art Room**General Tech Help w/ Ariana**
1pm - 2pm
Tech Bar**Billiards for Beginners w/ Katie**
1pm - 2pm
MPR**Stability & Core w/ Jill**
1pm - 2pm
Sunken Garden**Monthly Survey Support**
10am -11am
Library Corner**Conversations w/ Rebecca**
11am - 12pm
Art Room**Crochet Open Studio w/ Mary Beth**
12pm - 1pm
HT Space**Grief & Loss w/ Tom**
12pm - 1pm
MPR**Full Body Tone w/ Jason**
12pm - 1pm
Sunken Garden**General Tech Help w/ Ariana**
1pm - 2pm
Tech Bar**Billiards for Beginners w/ Katie**
3pm - 4pm
MPR**Intergen Zumba w/ Julissa**
10am -11am
Flagpole**Monthly Survey Support**
10am -11am
Library Corner**Full Body Tone w/ Jason**
11am -12pm
Sunken Garden**General Tech Help w/ Ariana**
1pm - 2pm
Tech Bar**Billiards for Beginners w/ Katie**
1pm - 2pm
MPR**Stability & Core w/ Jill**
1pm - 2pm
Sunken Garden