

# Flexible Classes: May 25-28



**Seated Fitness Class**  
의자 피트니스 수업

Monday	Tuesday	Wednesday	Thursday
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<b>10am</b>	<b>CLOSED</b> (Memorial Day)	<b>Open Billiards</b> MPR	<b>Seated Movement &amp; Breath w/ Jeron</b> Sunken Garden	<b>Open Billiards</b> MPR	<b>Seated Movement &amp; Breath w/ Jeron</b> Sunken Garden	<b>Intergen Zumba w/ Julissa</b> Flagpole			
<b>11am</b>		<b>Seated Strength &amp; Tone w/ Natalia</b> Sunken Garden	<b>Conversations w/ Rebecca</b> Art Room		<b>Seated Mindful Movement w/ Diego</b> Sunken Garden	<b>Seated Strength &amp; Tone w/ Natalia</b> Sunken Garden			
<b>12pm</b>		<b>Billiards for Beginners w/ Katie</b> MPR	<b>Restorative Yoga w/ Lisa</b> Sunken Garden		<b>Crochet Open Studio w/ Mary Beth</b> HT Space	<b>Grief &amp; Loss</b> MPR	<b>Seated Active Stretch w/ Lisa</b> Sunken Garden	<b>Billiards for Beginners w/ Katie</b> MPR	<b>Restorative Yoga w/ Lisa</b> Sunken Garden
<b>1pm</b>		<b>General Tech Help w/ Ariana</b> Tech Bar	<b>Open Billiards</b> MPR		<b>General Tech Help w/ Ariana</b> Tech Bar	<b>General Tech Help w/ Ariana</b> Tech Bar			
<b>2pm</b>									
<b>3pm</b>			<b>Billiards for Beginners w/ Katie</b> MPR						

# Flexible Classes: June 1-4



Seated Fitness Class  
의자 피트니스 수업

Monday	Tuesday	Wednesday	Thursday
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<b>10am</b>	<b>Open Mahjong</b> Library Corner	<b>Open Billiards</b> MPR	<b>Social Dance Party</b> Art Room	<b>GenSpace Book Club w/ Karen</b> MPR	<b>Open Billiards</b> MPR	<b>Social Dance Party</b> Art Room	
<b>11am</b>			<b>Seated Stretch w/ Jason</b> Sunken Garden	<b>Conversations w/ Rebecca</b> Art Room	<b>Seated Mindful Movement w/ Diego</b> Sunken Garden	<b>Seated Stretch w/ Jason</b> Sunken Garden	
<b>12pm</b>	<b>Crochet Open Studio w/ Mary Beth</b> HT Space	<b>Men's Group</b> MPR	<b>Seated Active Stretch w/ Lisa</b> Sunken Garden	<b>Billiards for Beginners w/ Katie</b> MPR	<b>Seated Restorative Yoga w/ Lisa</b> Sunken Garden	<b>Billiards for Beginners w/ Katie</b> MPR	<b>Seated Restorative Yoga w/ Lisa</b> Sunken Garden
<b>1pm</b>	<b>Open Billiards</b> MPR	<b>General Tech Help w/ Sara</b> Tech Bar	<b>General Tech Help w/ Sara</b> Tech Bar				<b>General Tech Help w/ Sara</b> Tech Bar
<b>2pm</b>							
<b>3pm</b>	<b>Billiards for Beginners w/ Katie</b> MPR					<b>Billiards for Beginners w/ Katie</b> MPR	