

Flexible Classes: June 29- July 2



Seated Fitness Class
의자 피트니스 수업

	Monday	Tuesday	Wednesday	Thursday
10am	Open Mahjong Library Corner	Open Billiards MPR	GenSpace Book Club w/ Karen MPR	Open Billiards MPR
11am	Seated Mindful Movement w/ Diego Sunken Garden CANCELLED	Social Dance Party Art Room	Conversations w/ Rebecca Art Room	Social Dance Party Art Room
		Seated Stretch w/ Jason Sunken Garden	Seated Mindful Movement w/ Diego Sunken Garden CANCELLED	Seated Stretch w/ Jason Sunken Garden
12pm	Crochet Open Studio w/ Mary Beth HT Space	Billiards for Beginners w/ Katie MPR	Crochet Open Studio w/ Mary Beth HT Space	Billiards for Beginners w/ Katie MPR
	Men's Group MPR	Seated Restorative Yoga w/ Lisa Sunken Garden	Grief & Loss MPR	Seated Restorative Yoga w/ Lisa Sunken Garden
	Seated Active Stretch w/ Lisa Sunken Garden	General Tech Help w/ Sara Tech Bar	Seated Active Stretch w/ Lisa Sunken Garden	General Tech Help w/ Sara Tech Bar
1pm	Open Billiards MPR	General Tech Help w/ Sara Tech Bar	Open Billiards MPR	General Tech Help w/ Sara Tech Bar
2pm	General Tech Help w/ Sara Tech Bar		General Tech Help w/ Sara Tech Bar	
3pm	Billiards for Beginners w/ Katie MPR		Billiards for Beginners w/ Katie MPR	

Flexible Classes: July 6-9

	Monday	Tuesday	Wednesday	Thursday
10am	Open Mahjong (Mon only) Library Corner General Tech Help w/ Gerardo Tech Bar Everyday Wellness w/ OT Interns MPR Seated Resistance Bands w/ Julissa Sunken Garden	Open Billiards MPR General Tech Help w/ Sara Tech Bar Seated Movement & Breath w/ Jeron Sunken Garden	Open Mahjong (Mon only) Library Corner General Tech Help w/ Gerardo Tech Bar Everyday Wellness w/ OT Interns MPR Seated Resistance Bands w/ Julissa Sunken Garden	Open Billiards MPR General Tech Help w/ Sara Tech Bar Seated Movement & Breath w/ Jeron Sunken Garden
11am	Seated Mindful Movement w/ Diego Sunken Garden CANCELLED	Seated Stretch w/ Jason Sunken Garden	Conversations w/ Rebecca Art Room Seated Mindful Movement w/ Diego Sunken Garden	Seated Stretch w/ Jason Sunken Garden
12pm	Men's Group w/ Tom MPR	Billiards for Beginners w/ Katie MPR GenSpace Sings w/ Jeron Art Room	Grief & Loss w/ Tom MPR	Billiards for Beginners w/ Katie MPR GenSpace Sings w/ Jeron Art Room
1pm	Open Billiards MPR General Tech Help w/ Jordan Tech Bar	General Tech Help w/ Alyssa Tech Bar	Open Billiards MPR General Tech Help w/ Jordan Tech Bar	General Tech Help w/ Alyssa Tech Bar
2pm	Crochet Open Studio w/ Mary Beth HT Space		Crochet Open Studio w/ Mary Beth HT Space	
3pm	Billiards for Beginners w/ Katie MPR		Billiards for Beginners w/ Katie MPR	

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