

Flexible Classes: June 8-11



Seated Fitness Class
의자 피트니스 수업

Monday	Tuesday	Wednesday	Thursday
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10am	Open Mahjong Library Corner		Open Billiards MPR	Social Dance Party Art Room	GenSpace Book Club w/ Karen MPR	Open Billiards MPR	Social Dance Party Art Room	
11am	Seated Mindful Movement w/ Diego Sunken Garden			Seated Stretch w/ Jason Sunken Garden	Conversations w/ Rebecca Art Room	Seated Mindful Movement w/ Diego Sunken Garden	Seated Stretch w/ Jason Sunken Garden	
12pm	Crochet Open Studio w/ Mary Beth HT Space	Men's Group MPR	Seated Active Stretch w/ Lisa Sunken Garden	Billiards for Beginners w/ Katie MPR	Seated Restorative Yoga w/ Lisa Sunken Garden	Crochet Open Studio w/ Mary Beth HT Space	Grief & Loss MPR	Seated Active Stretch w/ Lisa Sunken Garden
1pm	Open Billiards MPR	General Tech Help w/ Sara Tech Bar	General Tech Help w/ Sara Tech Bar		Open Billiards MPR	General Tech Help w/ Sara Tech Bar		
2pm								
3pm	Billiards for Beginners w/ Katie MPR				Billiards for Beginners w/ Katie MPR			

Flexible Classes: June 15-18



Seated Fitness Class
의자 피트니스 수업

	Monday	Tuesday	Wednesday	Thursday
10am	Open Mahjong Library Corner	Open Billiards MPR	GenSpace Book Club w/ Karen MPR	Open Billiards MPR
	Monthly Survey Support Library Corner	Social Dance Party Art Room	Monthly Survey Support Library Corner	Social Dance Party Art Room
11am			Conversations w/ Rebecca Art Room	
	Seated Mindful Movement w/ Diego Sunken Garden	Seated Stretch w/ Jason Sunken Garden	Seated Mindful Movement w/ Diego Sunken Garden	Seated Stretch w/ Jason Sunken Garden
12pm	Crochet Open Studio w/ Mary Beth HT Space	Billiards for Beginners w/ Katie MPR	Crochet Open Studio w/ Mary Beth HT Space	Billiards for Beginners w/ Katie MPR
	Men's Group MPR	Seated Restorative Yoga w/ Lisa Sunken Garden	Grief & Loss MPR	Seated Restorative Yoga w/ Lisa Sunken Garden
	Seated Active Stretch w/ Lisa Sunken Garden		Seated Active Stretch w/ Lisa Sunken Garden	
1pm	Open Billiards MPR	General Tech Help w/ Sara Tech Bar	Open Billiards MPR	General Tech Help w/ Sara Tech Bar
	General Tech Help w/ Sara Tech Bar		General Tech Help w/ Sara Tech Bar	
2pm				
3pm	Billiards for Beginners w/ Katie MPR		Billiards for Beginners w/ Katie MPR	