

Flexible Classes: July 13-16

	Monday	Tuesday	Wednesday	Thursday
10am	Open Mahjong (Mon only) Library Corner	Open Billiards MPR	General Tech Help w/ Gerardo Tech Bar	Open Billiards MPR
	General Tech Help w/ Gerardo Tech Bar	General Tech Help w/ Sara Tech Bar	Everyday Wellness w/ OT Interns MPR	General Tech Help w/ Sara Tech Bar
	Everyday Wellness w/ OT Interns MPR	Seated Movement & Breath w/ Jeron Sunken Garden	Seated Resistance Bands w/ Julissa Sunken Garden	Seated Movement & Breath w/ Jeron Sunken Garden
11am				
	Tech at GenSpace (English) w/ OT Interns Art Room	Seated Stretch w/ Jason Sunken Garden	Conversations w/ Rebecca Art Room	Seated Stretch w/ Jason Sunken Garden
	Seated Mindful Movement w/ Diego Sunken Garden		Seated Mindful Movement w/ Diego Sunken Garden	
12pm	Men's Group w/ Tom MPR	Billiards for Beginners w/ Katie MPR	Grief & Loss w/ Tom MPR	Billiards for Beginners w/ Katie MPR
		GenSpace Sings w/ Jeron Art Room		GenSpace Sings w/ Jeron Art Room
1pm	Open Billiards MPR	General Tech Help w/ Alyssa Tech Bar	Open Billiards MPR	General Tech Help w/ Alyssa Tech Bar
	General Tech Help w/ Jordan Tech Bar		General Tech Help w/ Jordan Tech Bar	
2pm				
	Crochet Open Studio w/ Mary Beth HT Space		Crochet Open Studio w/ Mary Beth HT Space	
3pm	Billiards for Beginners w/ Katie MPR		Billiards for Beginners w/ Katie MPR	



Seated Fitness Class

의자 피트니스 수업

Flexible Classes: July 20-23


Seated Fitness Class
의자 피트니스 수업

	Monday	Tuesday	Wednesday	Thursday
10am	Open Mahjong (Mon only) Library Corner General Tech Help w/ Gerardo Tech Bar Everyday Wellness w/ OT Interns MPR Seated Resistance Bands w/ Julissa Sunken Garden 	Open Billiards MPR General Tech Help w/ Sara Tech Bar Seated Movement & Breath w/ Jeron Sunken Garden 	General Tech Help w/ Gerardo Tech Bar Everyday Wellness w/ OT Interns MPR Seated Resistance Bands w/ Julissa Sunken Garden 	Open Billiards MPR General Tech Help w/ Sara Tech Bar Seated Movement & Breath w/ Jeron Sunken Garden 
11am	Seated Mindful Movement w/ Diego Sunken Garden 	Seated Stretch w/ Jason Sunken Garden 	Conversations w/ Rebecca Art Room Seated Mindful Movement w/ Diego Sunken Garden 	Seated Stretch w/ Jason Sunken Garden 
12pm	Men's Group w/ Tom MPR	Billiards for Beginners w/ Katie MPR GenSpace Sings w/ Jeron Art Room	Grief & Loss w/ Tom MPR	Billiards for Beginners w/ Katie MPR GenSpace Sings w/ Jeron Art Room
1pm	Open Billiards MPR General Tech Help w/ Jordan Tech Bar	General Tech Help w/ Alyssa Tech Bar	Open Billiards MPR General Tech Help w/ Jordan Tech Bar	General Tech Help w/ Alyssa Tech Bar
2pm	Crochet Open Studio w/ Mary Beth HT Space		Crochet Open Studio w/ Mary Beth HT Space	
3pm	Billiards for Beginners w/ Katie MPR		Billiards for Beginners w/ Katie MPR	

Monthly Survey Support Monday - Thursday 10am-11am
Library Corner