

Flexible Classes: July 6-9

	Monday	Tuesday	Wednesday	Thursday
10am	Open Mahjong (Mon only) Library Corner General Tech Help w/ Gerardo Tech Bar Everyday Wellness w/ OT Interns MPR Seated Resistance Bands w/ Julissa Sunken Garden	Open Billiards MPR General Tech Help w/ Sara Tech Bar Seated Movement & Breath w/ Jeron Sunken Garden	General Tech Help w/ Gerardo Tech Bar Everyday Wellness w/ OT Interns MPR Seated Resistance Bands w/ Julissa Sunken Garden	Open Billiards MPR General Tech Help w/ Sara Tech Bar Seated Movement & Breath w/ Jeron Sunken Garden
11am	Tech at GenSpace (Korean) w/ OT Interns Art Room Seated Mindful Movement w/ Diego Sunken Garden CANCELLED	Seated Stretch w/ Jason Sunken Garden	Conversations w/ Rebecca Art Room Seated Mindful Movement w/ Diego Sunken Garden	Seated Stretch w/ Jason Sunken Garden
12pm	Men's Group w/ Tom MPR		Grief & Loss w/ Tom MPR	
		Billiards for Beginners w/ Katie MPR	GenSpace Sings w/ Jeron Art Room	Billiards for Beginners w/ Katie MPR
1pm	Open Billiards MPR General Tech Help w/ Jordan Tech Bar	General Tech Help w/ Alyssa Tech Bar		General Tech Help w/ Alyssa Tech Bar
2pm				
			Crochet Open Studio w/ Mary Beth HT Space	
3pm	Billiards for Beginners w/ Katie MPR		Billiards for Beginners w/ Katie MPR	



Seated Fitness Class
의자 피트니스 수업

Flexible Classes: July 13-16

	Monday	Tuesday	Wednesday	Thursday
10am	Open Mahjong (Mon only) Library Corner General Tech Help w/ Gerardo Tech Bar Everyday Wellness w/ OT Interns MPR Seated Resistance Bands w/ Julissa Sunken Garden	Open Billiards MPR General Tech Help w/ Sara Tech Bar Seated Movement & Breath w/ Jeron Sunken Garden	General Tech Help w/ Gerardo Tech Bar Everyday Wellness w/ OT Interns MPR Seated Resistance Bands w/ Julissa Sunken Garden	Open Billiards MPR General Tech Help w/ Sara Tech Bar Seated Movement & Breath w/ Jeron Sunken Garden
11am	Tech at GenSpace (English) w/ OT Interns Art Room Seated Mindful Movement w/ Diego Sunken Garden	Seated Stretch w/ Jason Sunken Garden	Conversations w/ Rebecca Art Room Seated Mindful Movement w/ Diego Sunken Garden	Seated Stretch w/ Jason Sunken Garden
12pm	Men's Group w/ Tom MPR		Grief & Loss w/ Tom MPR	
		Billiards for Beginners w/ Katie MPR	GenSpace Sings w/ Jeron Art Room	Billiards for Beginners w/ Katie MPR
1pm	Open Billiards MPR	General Tech Help w/ Alyssa Tech Bar		General Tech Help w/ Alyssa Tech Bar
2pm				
3pm	Billiards for Beginners w/ Katie MPR		Billiards for Beginners w/ Katie MPR	



Seated Fitness Class
의자 피트니스 수업