Wallis Annenberg GenSpace

Flexible Classes: November 16-November 19

Seated Fitness Class
의자 피트니스 수업

	Monday	Tuesday	Wednesday	Thursday
10am	**Open Mahjong** Library Corner	**Open Billiards** MPR		**Open Billiards** MPR
11am	**Conversations w/ Rebecca** Art Room **Seated Mindful Movement w/ Diego** Sunken Garden	**Seated Stretch w/ Jason** Sunken Garden	**Conversations w/ Rebecca** Art Room **Seated Mindful Movement w/ Diego** Sunken Garden	**Seated Stretch w/ Jason** Sunken Garden
12pm	**Men's Group w/ Tom** MPR **Resistance Bands w/ Julissa** Sunken Garden	**GenSpace Sings w/ Jeron** Art Room	**TED Talk Wednesday** HT Space **Living Well After Loss w/ Tom** MPR **Resistance Bands w/ Julissa** Sunken Garden	**GenSpace Sings w/ Jeron** Art Room
1pm	**Open Billiards** MPR **General Tech Help** Library Corner	**General Tech Help** Library Corner **Seated Movement & Breath w/ Jeron** Sunken Garden	**Open Billiards** MPR **General Tech Help** Library Corner	**General Tech Help** Library Corner **Seated Movement & Breath w/ Jeron** Sunken Garden
2pm	**Crochet Open Studio w/ Mary Beth** HT Space		**Crochet Open Studio w/ Mary Beth** HT Space	
3pm				

Monthly Survey Support Monday - Thursday 10am-11am
Library Corner

Wallis Annenberg GenSpace

Flexible Classes: November 23-November 26

Seated Fitness Class
의자 피트니스 수업

	Monday	Tuesday	Wednesday	Thursday
10am	**Open Mahjong** Library Corner	**Open Billiards** MPR		
11am	**Conversations w/ Rebecca** Art Room **Seated Mindful Movement w/ Diego** Sunken Garden	**Seated Stretch w/ Jason** Sunken Garden	**Conversations w/ Rebecca** Art Room **Seated Mindful Movement w/ Diego** Sunken Garden	
12pm	**Men's Group w/ Tom** MPR **Resistance Bands w/ Julissa** Sunken Garden	**GenSpace Sings w/ Jeron** Art Room	**Living Well After Loss w/ Tom** MPR **Resistance Bands w/ Julissa** Sunken Garden	**CLOSED** (Thanksgiving Day)
1pm	**Open Billiards** MPR **General Tech Help** Library Corner	**General Tech Help** Library Corner **Seated Movement & Breath w/ Jeron** Sunken Garden	**Open Billiards** MPR	
2pm	**Crochet Open Studio w/ Mary Beth** HT Space		**CLOSED** (Thanksgiving Eve)	
3pm				
4pm		**Co-Creation** MPR		